

Bachelor of Science in Health Sciences: Health Promotions Track

Name _____

I.D. No. _____

Curriculum Sheet (Effective Fall 2025)

First Year

Fall Semester	Credits	Major	Core	Spring Semester	Credits	Major	Core
Inquiry Launch Elective	3		IL	Research & Professional Writing Elective	3		RPW
Finding Your Voice Elective	3		FYV	Global Human Perspectives Elective	3		GHP
Society & Human Behavior Elective	3		SHB	Society & Human Behavior Elective	3		SHB
STA 147 Statistical Concepts	3	X	QFR	STA 347 Applied Statistics OR PSY 317	3	X	
HSC 200 Introduction to Health Sciences	3	X		PHL 240 Health Care Ethics	3	X	DiS
Semester Total	15			Semester Total	15		

Second Year

Fall Semester	Credits	Major	Core	Spring Semester	Credits	Major	Core
Data & Digital Literacy Elective	3		DDL	African-American History & Culture Elective	3		AAHC
BIO 266/267 Anatomy & Physiology / lab	4	X	SI	BIO 268/269 Anatomy & Physiology / lab	4	X	SI
HSC 205 Social and Cultural Determinants of Health	3	X	DiS	HED 360 Health Promotion in the Workplace	3	X	
General Elective	3		DiS	Health Promotions Elective	3	X	
HSC 203 Medical Terminology	1	X		Health Promotions Elective	3	X	
Semester Total	14			Semester Total	16		

Third Year

Fall Semester	Credits	Major	Core	Spring Semester	Credits	Major	Core
PSY 312 Research Methods	3	X		HED 472 Consumer Health	3	X	
HED 450 Facilitating Behavior Change	3	X		HED 474 Stress Management	3	X	
WAC/SPAC Elective	3		WAC	WAC in Major	3	X	WAC
Health Promotions Elective	3	X		Health Promotions Elective	3	X	
Health Promotions Elective	3	X		General Elective*	3		
Semester Total	15			Semester Total	15		

Fourth Year

Fall Semester	Credits	Major	Core	Spring Semester	Credits	Major	Core
Health Promotions Elective	3	X		Health Promotions Elective	3	X	
Health Promotions Elective	3	X		General Elective*	3		
General Elective*	3			General Elective*	3		
General Elective*	3			General Elective*	3		
General Elective*	3			General Elective*	3		
				HSC 499 Exit Evaluation	0		
Semester Total	15			Semester Total	15		

Degree Total hours: 120 hours

Assumptions: College-level readiness in Math and English; no Foreign Language Deficiency

College / Program Notes:

The plan above is a suggested guide to ensure that all Core Curriculum, College, University, and Major requirements are met within 4 years of study. Students may deviate from the suggested placement of Core Curriculum courses.

* General Electives ensure that a student accumulates the minimum credit hour totals needed for graduation. Students must have a **minimum of 120 total credit hours**, of which a **minimum of 24 credit hours must be upper division** (300 or 400-level courses). Depending upon other elective choices made, students may not need as many general electives as indicated above, or may need additional electives.

Core Curriculum Key:

IL = Inquiry Launch (one course)

FYV = Finding Your Voice (one course, C or better required)

SHB = Society & Human Behavior (one course)

SI = Scientific Inquiry (two courses, one lab credit)

GHP = Global Human Perspectives (one course)

** Inquiry Launch requirement is waived for transfer students.

QFR = Quantitative & Formal Reasoning (one course)

RPW = Research & Professional Writing (one course, C or better required)

HCC = Human Culture & Creativity (one course)

WAC/SPAC = Writing/Speaking Across the Curriculum Req (2 courses, one in the major)

AAHC = African-American History & Culture (one course)

DiS = Diversity in Society (one course)

DDL = Data & Digital Literacy (one course, can be satisfied by a second FQR course)

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Bachelor of Science in Health Sciences: General Interest Track

Name _____

I.D. No. _____

Curriculum Sheet (Effective Fall 2025)

First Year

Fall Semester	Credits	Major	Core	Spring Semester	Credits	Major	Core
Inquiry Launch Elective	3		IL	Research & Professional Writing Elective	3		RPW
Finding Your Voice Elective	3		FYV	Global Human Perspectives Elective	3		GHP
Society & Human Behavior Elective	3		SHB	STA 147 Statistical Concepts	3	X	QFR
PHL 240 Health Care Ethics	3	X	HCC	Society & Human Behavior Elective	3		SHB
HSC 200 Introduction to Health Sciences	3	X		General Elective*	3		
Semester Total	15			Semester Total	15		

Second Year

Fall Semester	Credits	Major	Core	Spring Semester	Credits	Major	Core
Data & Digital Literacy Elective	3		DDL	African-American History & Culture Elective	3		AAHC
Scientific Investigations (Area of Emphasis Science)	4	X	SI	Scientific Investigations w/lab (Area of Emphasis Science)	4	X	SI
Area of Emphasis Social Science	3	X		Area of Emphasis Social Science	3	X	
Area of Emphasis Elective	3	X		Area of Emphasis Elective	3	X	
HSC 203 Medical Terminology	1	X		HSC 205 Social and Cultural Determinants of Health	3	X	DIS
Semester Total	14			Semester Total	16		

Third Year

Fall Semester	Credits	Major	Core	Spring Semester	Credits	Major	Core
Area of Emphasis Science	4	X		Area of Emphasis Science	4	X	
Area of Emphasis Social Science	3	X		Area of Emphasis Social Science	3	X	
WAC/SPAC Elective	3		WAC	WAC in Major	3	X	WAC
Area of Emphasis Elective	3	X		Area of Emphasis Elective	3	X	
Area of Emphasis Elective	3	X		Area of Emphasis Elective	3	X	
Semester Total	16			Semester Total	16		

Fourth Year

Fall Semester	Credits	Major	Core	Spring Semester	Credits	Major	Core
Area of Emphasis Elective	3	X		Area of Emphasis Elective	3	X	
General Elective*	3			General Elective*	3		
General Elective*	3			General Elective*	3		
General Elective*	3			General Elective*	3		
General Elective*	3			General Elective*	1		
				HSC 499 Exit Evaluation	0	X	
Semester Total	15			Semester Total	13		

Degree Total hours: 120 hours

Assumptions: College-level readiness in Math and English; no Foreign Language Deficiency

College / Program Notes:

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Core Curriculum Key:	QFR = Quantitative & Formal Reasoning (one course)
IL = Inquiry Launch (one course)	RPW = Research & Professional Writing (one course, C or better required)
FYV = Finding Your Voice (one course, C or better required)	HCC = Human Culture & Creativity (one course)
SHB = Society & Human Behavior (one course)	WAC/SPAC = Writing/Speaking Across the Curriculum Req (2 courses, one in the major)
SI = Scientific Inquiry (two courses, one lab credit)	AAHC = African-American History & Culture (one course)
GHP = Global Human Perspectives (one course)	DiS = Diversity in Society (one course)
** Inquiry Launch requirement is waived for transfer students.	DDL = Data & Digital Literacy (one course, can be satisfied by a second FQR course)

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Bachelor of Science in Health Sciences: Pre-Physical Therapy Track

Name _____

I.D. No. _____

Curriculum Sheet (Effective Fall 2025)

First Year

Fall Semester		Credits	Major	Core	Spring Semester		Credits	Major	Core
Inquiry Launch Elective	3		IL	Research & Professional Writing Elective	3		RPW		
Finding Your Voice Elective	3		FYV	Global Human Perspectives Elective	3		GHP		
STA 147 Statistical Concepts	3		QFR	STA 347 Applied Statistics OR PSY 317	3	X			
CHM 251/256 College Chemistry I / lab	4	X	SI	CHM 252/257 College Chemistry II / lab	4	X	SI		
HSC 200 Introduction to Health Sciences	3	X		PHL 240 Health Care Ethics	3	X	HCC		
Semester Total		16		Semester Total		16			

Second Year

Fall Semester		Credits	Major	Core	Spring Semester		Credits	Major	Core
Data & Digital Literacy Elective	3		DDL	African-American History & Culture Elective	3		AAHC		
Society & Human Behavior Elective	3		SHB	WAC/SPAC Elective	3	X			
BIO 200/201 Introductory Biology I / lab	4	X		Social Science Elective for PT	3	X			
HSC 205 Social and Cultural Determinants of Health	3	X	DiS	General Elective*	3				
HSC 203 Medical Terminology	1	X		General Elective*	3				
Semester Total		14		Semester Total		15			

Third Year

Fall Semester		Credits	Major	Core	Spring Semester		Credits	Major	Core
HSC 422/450 Physiology for the Clinical Sci /lab	5	X		HSC 381 Pathology	4	X			
PHY 221 College Physics	5	X		PHY 222 College Physics II	5	X			
Social Science Elective for PT	3	X		WAC/SPAC Elective	3		WAC		
General Elective*	3			General Elective*	3	X			
Semester Total		16		Semester Total		15			

Fourth Year

Fall Semester		Credits	Major	Core	Spring Semester		Credits	Major	Core
WAC in Major	3	X	WAC	General Elective for PT	3	X			
HSC 475/457 Human Gross Anatomy /lab	6	X		HSC 476/478 Neuroscience Systems /lab	5	X			
General Elective*	3			General Elective*	3				
General Elective*	2			General Elective*	3				
				HSC 499 Exit Evaluation	0	X			
Semester Total		14		Semester Total		14			

Degree Total hours: 120 hours

Assumptions: College-level readiness in Math and English; no Foreign Language Deficiency

College / Program Notes:

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Core Curriculum Key:	QFR = Quantitative & Formal Reasoning (one course)
IL = Inquiry Launch (one course)	RPW = Research & Professional Writing (one course, C or better required)
FYV = Finding Your Voice (one course, C or better required)	HCC = Human Culture & Creativity (one course)
SHB = Society & Human Behavior (one course)	WAC/SPAC = Writing/Speaking Across the Curriculum Req (2 courses, one in the major)
SI = Scientific Inquiry (two courses, one lab credit)	AAHC = African-American History & Culture (one course)
GHP = Global Human Perspectives (one course)	DiS = Diversity in Society (one course)
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Bachelor of Science in Health Sciences: Pre-Occupational Therapy Track

Name _____

I.D. No. _____

Curriculum Sheet (Effective Fall 2025)

First Year

Fall Semester	Credits	Major	Core	Spring Semester	Credits	Major	Core
Inquiry Launch Elective	3		IL	Research & Professional Writing Elective	3		RPW
Finding Your Voice Elective	3		FYV	PHL 240 Health Care Ethics	3	X	HCC
PSY 101 Intro to Psychology	3		SHB	STA 347 Applied Statistics OR PSY 317	3	X	
STA 147 Statistical Concepts	3	X	QFR	Scientific Investigations Elec (BIO 100 rec)	3		SI
HSC 200 Introduction to Health Sciences	3	X		General Elective*	3		
Semester Total	15			Semester Total	15		

Second Year

Fall Semester	Credits	Major	Core	Spring Semester	Credits	Major	Core
Data & Digital Literacy Elective	3		DDL	African-American History & Culture Elective	3		AAHC
BIO 200/201 Introductory Biology I / lab	4	X	SI	Global Human Perspectives	3		GHP
HSC 205 Social and Cultural Determinants of Health	3	X	DiS	PSY 345 Abnormal Psychology	3	X	
PSY 223 Lifespan Development	3	X		Pre-OT Area of Emphasis Elective	3	X	
HSC 203 Medical Terminology	1	X		General Elective*	3		
Semester Total	14			Semester Total	15		

Third Year

Fall Semester	Credits	Major	Core	Spring Semester	Credits	Major	Core
HSC 422/450 Physiology for the Clinical Sci /lab	5	X		HSC 381 Pathology	4	X	
Pre-OT Area of Emphasis Elective	3	X		Pre-OT Area of Emphasis Elective	3	X	
WAC/SPAC Elective	3		WAC	WAC in Major	3	X	WAC
General Elective*	3			General Elective*	3		
General Elective*	1			General Elective*	3		
Semester Total	15			Semester Total	16		

Fourth Year

Fall Semester	Credits	Major	Core	Spring Semester	Credits	Major	Core
HSC 475/457 Human Gross Anatomy /lab	6	X		HSC 476/478 Neuroscience Systems /lab	5	X	
Pre-OT Area of Emphasis Elective	3	X		General Elective*	3		
General Elective*	3			General Elective*	3		
General Elective*	3			General Elective*	3		
				General Elective*	1		
				HSC 499 Exit Evaluation	0	X	
Semester Total	15			Semester Total	15		

Degree Total hours: 120 hours

Assumptions: College-level readiness in Math and English; no Foreign Language Deficiency

College / Program Notes:

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SHB = Society & Human Behavior (one course)	WAC/SPAC = Writing/Speaking Across the Curriculum Req (2 courses, one in the major)
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Bachelor of Science in Health Sciences: Pre-Physician Assistant Track

Name _____

I.D. No. _____

Curriculum Sheet (Effective Fall 2025)

First Year

Fall Semester	Credits	Major	Core	Spring Semester	Credits	Major	Core
Inquiry Launch Elective	3		IL	Research & Professional Writing Elective	3		RPW
Finding Your Voice Elective	3		FYV	PSY 101 Intro to Psychology	3	X	SHB
STA 147 Statistical Concepts	3	X	QFR	STA 347 Applied Statistics OR PSY 317	3	X	
BIO 200/201 Introductory Biology I / lab	4	X	SI	BIO 202/203 Introductory Biology II / lab	4	X	SI
HSC 200 Introduction to Health Sciences	3	X		HSC 203 Medical Terminology	1	X	
Semester Total	16			Semester Total	14		

Second Year

Fall Semester	Credits	Major	Core	Spring Semester	Credits	Major	Core
Data & Digital Literacy Elective	3		DDL	African-American History & Culture Elective	3		AAHC
PHL 240 Health Care Ethics	3	X	HCC	Global Human Perspectives	3		GHP
BIO 266/267 Anatomy & Physiology I / lab	4	X		BIO 268/269 Anatomy & Physiology II / lab	4	X	
HSC 205 Social and Cultural Determinants of Health	3	X	DiS	CHM 261/266 General Chemistry I / lab	4	X	
General Elective*	3						
Semester Total	16			Semester Total	14		

Third Year

Fall Semester	Credits	Major	Core	Spring Semester	Credits	Major	Core
General Elective*	3			CHM 331/336 Organic Chemistry I / lab	4	X	
CHM 262/267 General Chemistry II / lab	4	X		WAC/SPAC Elective	3		WAC
BIO 264/265 Microbiology / lab	4	X		Area of Emphasis Elective	3	X	
Area of Emphasis Elective	3	X		Area of Emphasis Elective	3	X	
				General Elective*	3		
Semester Total	14			Semester Total	16		

Fourth Year

Fall Semester	Credits	Major	Core	Spring Semester	Credits	Major	Core
Area of Emphasis Elective	3	X		General Elective*	3		
WAC in major	3	X	WAC	General Elective*	3		
General Elective*	3			General Elective*	3		
General Elective*	3			General Elective*	3		
General Elective*	3			General Elective*	3		
				HSC 499 Exit Evaluation	0	X	
Semester Total	15			Semester Total	15		

Degree Total hours: 120 hours

Assumptions: College-level readiness in Math and English; no Foreign Language Deficiency

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SI = Scientific Inquiry (two courses, one lab credit)	AAHC = African-American History & Culture (one course)
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