

# AN EDUCATIONAL GUIDE TO CLEANING YOUR SPACE: HOW TO PREVENT PESTS AND PREPARE FOR PEST TREATMENT



Pests can be a nuisance for you, your roommates, and your neighbors. Keeping your space clean and free from pests is crucial for a positive experience in our residential communities.

This guide will provide you with a step-by-step approach to effectively cleaning your space when pests are spotted to ensure your space can be treated properly, as well as keeping pests at bay so that they do not become an issue or concern in your community.

By following the steps in this guide, you will be able to significantly reduce the risks of pests invading your space. Constant cleanliness and proactive

measures are key to preventing pests. At times where pests are spotted, following this guide will allow you to prepare your space for proper maintenance and treatment by our maintenance team and pest control vendors.

# CLEANING YOUR SPACE: HOW TO PREVENT PESTS FROM LIVING RENT-FREE IN YOUR HOME AWAY FROM HOME

- 1. Maintain Cleanliness In Your Space
  - a. Kitchen
    - i. **Regular Cleaning:** Wipe down countertops, stovetops, and all surface areas. Sweep and/or mop your floors regularly. Clean up any spills or food crumbs immediately.
    - ii. **Proper Food Storage:** Store all food in airtight containers. Keep ripe fruits in the refrigerator. Keep all non-refrigerated foods sealed and in your cabinets. Avoid keeping food on your countertops.
    - iii. **Garbage Management:** Use a trash can with a lid. Be sure to place a garbage bag into your trash can. Empty your trash can regularly by taking your trash bags to the appropriate trash room or dumpster. Clean your trash can regularly to avoid residue build up.
  - b. Bathroom
    - i. Eliminate Moisture: Be sure to use your vent fan in your bathroom when showering or bathing. If your fan does not work properly, please submit a <u>Work Order</u>.
    - ii. **Regular Cleaning:** Scrub sinks, tubs, and toilets regularly with bathroom and toilet cleaner. Clean under sinks and around pipes and fixtures.



- c. Living Areas
  - i. Vacuum and Dust: Regularly vacuum carpets, rugs, and floors. Vacuums are available to check out at the Euclid Commons Main Desk and Fenn Tower Desk. Vacuums are also available at The Langston and The Edge on Euclid Offices during regular business hours. Dust all surfaces to avoid a build up of dust in your space.
  - ii. Declutter: Minimize clutter to reduce hiding spaces for pests.

#### d. Bedrooms

- i. Launder Linens: Wash bed linens regularly using detergent.
- ii. Vacuum Mattress: When laundering linens and changing sheets, vacuum your mattress.
- iii. Keep Clean: Avoid eating in bedrooms to prevent crumbs and spills. Do not store any food in your bedroom.



- e. Manage Waste Properly
  - i. **Regular Removal:** Take out the trash regularly to avoid attracting pests.
  - ii. Clean Bins: Wash trash bins to eliminate food residue build up.
- f. Routine Checks
  - i. **Inspect Areas:** Regularly check kitchens, bathrooms, and storage areas for signs of pests.
- g. Raise Awareness
  - i. **Importance of Cleaning:** Discus with your roommates the importance of cleaning. Ensure everyone plays a role in cleanliness to aid in pest prevention.

## PEST SIGHTING: WHAT TO DO AND HOW TO PREPARE FOR TREATMENT WHEN PESTS ARE FOUND

- 1. Clean and Declutter
  - a. Remove Clutter



- i. **Dispose of Unnecessary Items:** Any items in your space that may not be needed (example: empty boxes) can be disposed of in the appropriate trash room or dumpster.
- ii. **Organize Storage Areas:** Ensure that all storage areas are organized and kept clean.



b. Deep Clean

#### i. Kitchen:

- 1. Empty and clean cabinets and pantry.
- 2. Clean under appliances.
- 3. Dispose of old or expired food.
- 4. Wipe down all surfaces with disinfectant.

#### ii. Bathroom:

- 1. Scrub sinks, tubs, and toilets with bathroom cleaner.
- 2. Clean under sinks and around pipes.
- 3. Wipe down all surfaces with disinfectant.

#### iii. Living Areas:

- 1. Vacuum carpets and rugs.
- 2. Clean under furniture.
- 3. Dust all surfaces.

#### iv. Bedrooms:

- 1. Wash bed linens and vacuum mattresses.
- 2. Clean under the bed and around furniture.

#### v. Bed Bugs:

- 1. Place all clothing, linens, and fabrics into a trash bag and seal the bag.
- 2. Take the sealed bags to a washing machine and wash all items in hot water with laundry detergent.
- 3. Dry all items in high heat.
- 4. Place items back into a new trash bag and seal the trash bag.
- 5. Do not remove items (except what you need) until the initial treatment has occurred. Keep the bag sealed.

### vi. Submit a Work Order:

- 1. At first sign of pests, be sure to submit a <u>Work Order</u> in order to ensure that our Maintenance Team is aware of the pests.
- 2. Our Maintenance Team will schedule a treatment with our Pest Control Vendor.
- 3. Please note that treatments **will not** be effective if your space is not deep cleaned and decluttered, please follow the steps above prior to the initial treatment.
- 4. Follow up treatments will be scheduled, as needed.